## 9 Natural and Manicured Sports Fields

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**Hydrologically Supportive Features and Areas** 



Trent University offers diverse athletic and recreational opportunities to its students and campus athletes. Varsity sports include curling, lacrosse, rowing, rugby, soccer, volleyball, cross country, golf, and fencing. The Trent Athletics Centre has state-of-the-art indoor and outdoor facilities that provide access to the Otonabee River, nature areas and associated trails.

While the outdoor spaces provide limited ecological benefit, they serve to support hydrologic functions. Natural lawns provide permeable surfaces that allow for infiltration of water, supporting groundwater systems and in turn ecological features. They reduce runoff, which assists in combating erosion and supports in the management of water quantity and quality to receiving streams and wetlands.

New spaces outdoor recreation may be introduced throughout campus, and along with their hydrologic supportive functions, they support restorative, passive, and active forms of sports and recreation, contributing to an active and healthy campus population, in body and in mind.

